



Patient Name _____ Date _____

Please check the best response for each of the following questions as it pertains to you (or to your child). Your provider will discuss your answers with you.

Have you experienced (or has your child experienced) a sudden onset of...	YES	NO
1. Urinary frequency, increased daytime "accidents", or new onset enuresis (involuntary urination)?	<input type="checkbox"/>	<input type="checkbox"/>
2. Choreiform movements of hands (i.e., "piano playing" finger movements)?	<input type="checkbox"/>	<input type="checkbox"/>
3. Sleep disturbances (e.g., difficulty falling asleep, night terrors, frequent waking)?	<input type="checkbox"/>	<input type="checkbox"/>
4. Separation anxiety (e.g., at bedtime, at school, or not wanting to leave the parent's side)?	<input type="checkbox"/>	<input type="checkbox"/>
5. Obsessive or compulsive behaviors, or Obsessive-Compulsive Disorder (OCD)?	<input type="checkbox"/>	<input type="checkbox"/>
6. Tics or repetitive behaviors that are involuntary or difficult to control (e.g., eye blinking, shrugging shoulders, tapping, jerking or rolling the head, clearing the throat, sniffing or coughing in the absence of a cold/illness, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
7. Changes in handwriting?	<input type="checkbox"/>	<input type="checkbox"/>
8. Cognitive changes (e.g., abrupt change in grades, attention span, testing abilities, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
9. Aggression (e.g., raging, self-injurious behaviors)?	<input type="checkbox"/>	<input type="checkbox"/>
10. Disordered eating habits (e.g., abrupt onset of anorexia nervosa, bulimia nervosa, binge eating disorder, or eating disorder not otherwise specified)?	<input type="checkbox"/>	<input type="checkbox"/>

Physician Scoring:

- Tally up the number of "Yes" responses.
- If the number of "Yes" responses is 0-1, PANS/PANDAS diagnosis is not likely.
- If the number of "Yes" responses is 2 or more, patient should be seen for possible throat and/or rectal strep swabs. Consider treatments for PANS/PANDAS.